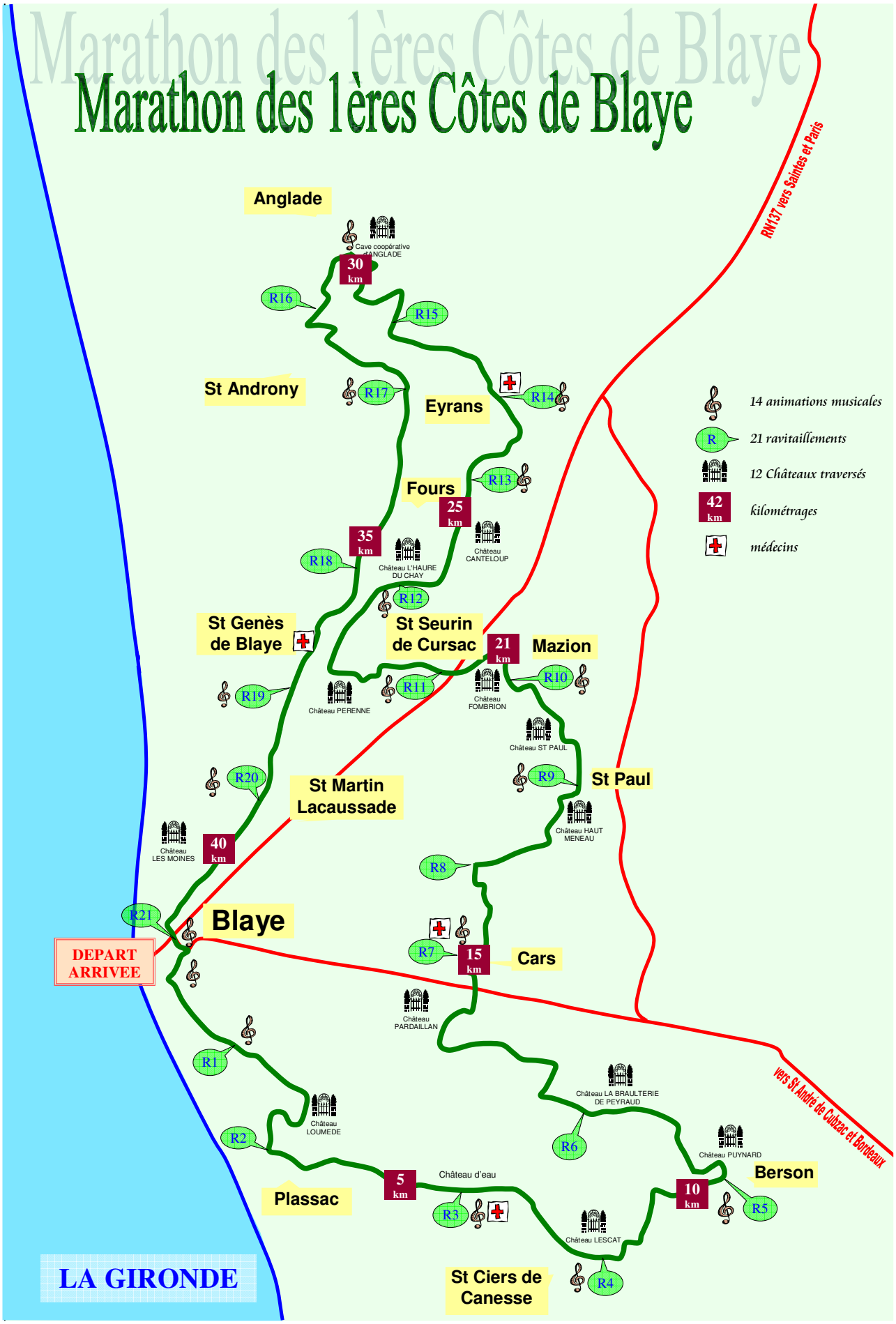Marathon des 1ères Côtes de Blaye